



BULLETIN 1

23st Estonian Championships in Ski Orienteering Middle Distance 37th Estonian Championships in Ski Orienteering Long Distance January 27 - January 28, 2018 Kuulmajärve, Räpina parish, Põlva County

SCHEDULE

January 27: 13.00 – first start of middle distance race
January 28: 11.00 – first start of long distance race

PARTICIPANTS

Competition is open to all participants. However, those competing for Estonian Championships medals must either be:

- 1) Estonian citizens;
- 2) Members of the EOF member clubs.

Both citizens and EOF club members must have a valid EOF 2018 licence purchased before the date of the competition. You can check validity of your licence here: <http://www.orienteerumine.ee/litsents>
In ski orienteering foreigners are not obliged to purchase EOF licence to participate in the competition (but they won't get medal or champion title).

RULES

Estonian Championships are organized according to the latest Estonian Orienteering Federation 2017 competition rules http://www.orienteerumine.ee/eol/failid/2017/EOLvoistlusreeglid_2017.pdf

CATEGORIES

Men (M) 14, 16, 18, 20, 21, 35, 45, 55, 65
Women (W) 14, 16, 18, 20, 21, 35, 45, 55

SPECIAL RULES FOR STARTING ORDER

MIDDLE DISTANCE

Interval start with a 2 minute interval is used in all categories.

In categories MW21 top 3 participants from 2016 Ski-O Estonian Championships in middle distance and the winner of MW20 category shall not be drawn into first 1/3 part of the start list. This rule is not applicable to foreigners who are not competing for medals.

LONG DISTANCE (February 7st)

Interval start with a 2 minute interval is used in all categories.

In categories MW21 top 3 participants from 2016 Ski-O Estonian Championships in middle distance and the winner of MW20 category shall not be drawn into first 1/3 part of the start list.

This rule is not applicable to foreigners who are not competing for medals.

TERRAIN AND MAP

Terrain is covered in coniferous forest of different age and character. Open areas take up around 5% of the terrain. In the middle of the map, there is a large sand quarry that courses cross. Elevation difference on the terrain is 20 meters with around 15 meters on one slope. Track system consists of areas with dense network of tracks demanding good concentration and connecting areas that allow faster skiing and more large-scale route choice possibilities.

Map drawn by Madis Oras and Kalle Ojasoo. Ski-orienteering track network planned by Kalle Ojasoo and Airet Kolk.

Middle distance: map scale 1:7500, contour interval 2.5 m

Long distance: map scale 1:10 000, contour interval 2.5 m

Previous maps: [2011072LK](#), [2014040](#)

Map examples:



PRELIMINARY COURSES

MIDDLE DISTANCE (winners time)

MW14	20-25 minutes
MW16, 55, M65	25-30 minutes
MW18, 20, 35, 45	30-35 minutes
MW21	40-45 minutes

LONG DISTANCE (winners time)

MW14	35-40 minutes
MW16	40-50 minutes
MW18	50-60 minutes
MW20	65-75 minutes
MW21	85-95 minutes
MW35	55-60 minutes
MW45	50-55 minutes
MW55	40-45 minutes
M65	75-85 minutes

PUNCHING SYSTEM

Contactless SPORTident Air+ system is used. SI-cards can be rented from the organizers (1.5 € per day). Cards can be obtained at the competition centre. When a hired SI-card is lost, fine of 60 EUR will be charged

PRIZE GIVING

In categories MW14, MW16, MW18, MW20, MW21* the winners will be awarded with the Estonian Champion title. First three places receive a medal and a diploma of the Estonian Olympic Committee - EOC. The best will be awarded with an EOF diploma.

In other categories the title 2017 Estonian Champion will be assigned to winners. First three places will be awarded at least with a medal of the EOF.

In case of a foreigner not competing for the Estonian Championship medals comes to the three best places, he/she will be awarded with a prize.

REGISTRATION

On-line registration at <https://www.osport.ee/> or by sending e-mail okkobras@gmail.com before **January 22, 2018**. Participation fee should be paid to organizers bank account:

OK Põlva Kobras

Swedbank (bank address: Liivalaia 8, 15040 Tallinn, Estonia)

IBAN: EE772200001120074588

SWIFT/BIC: HABAE2X

Registration fee should be paid together with registration. The registration is valid only after payment.

Please note that all bank charges are due from the sender.

ENTRY FEE

MW 14, 16, 18	6 €/day
MW 20, M 65	11 €/day
MW 21, 35, 45, 55	16 €/day

CANCELLING OR POSTPONING THE EVENT

Organizer holds the right to suggest alternative dates and venues or cancelling the competition to the EOF board due to force majeure. Information about the postponing or cancellation must reach the competitor no less than 48 hours before the competition. Organizer hold the right to not to return participants' entry fees due to damages done by force majeure.

COMPLAINTS AND PROTESTS

All complaints or protests on topics which are not explained in this document and arise during the competition will be discussed and solved by the competition jury. In making decisions the jury will take into consideration this document and most up-to-date EOF competition rules. If needed, the jury can consult with EOF board.

ADDITIONAL INFORMATION

Number bibs are used only in MW 21 categories. Showers at Põlva Sports Centre cost 2 € per day (Uus street 3, Põlva). Toilets and a small cafe at the competition centre.

For more information about catering in Põlva look here: <http://www.visitpolva.ee/index.php?lang=en>

ACCOMMODATION

- **Põlva Spordikool**, Metsa 7 <http://polvaspordikool.weebly.com/>
- **Hotell Pesa** Põlvas, Uus t. <http://www.kagureis.ee>
- **Mammaste Tervisespordikeskus** <http://tervisespordikeskus.ee/>
- **Taevaskoja Turismi- ja Puhkekeskus** <http://www.taevaskoja.ee>
- **Taevaskoja Salamaa** <http://www.salamaa.eu/>
- **Põlva Tarbijate Ühistu korter Põlvas** –http://www.ptj.ee/?page_id=236
- **Jäägri Pubi** Jaama 16, +372 517 1818 <https://www.facebook.com/Jaageri.Pubi>

Other accommodation possibilities in Põlva County: <http://www.visitpolva.ee/index.php?lang=en>

Contact: Taima Nurm, tel: +372 510 9658, taima.nurm@mail.ee

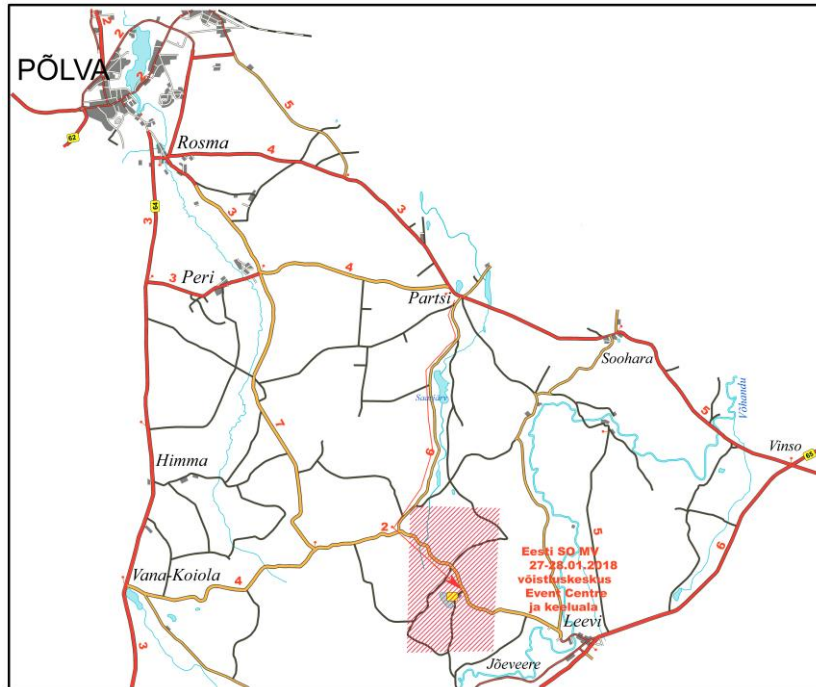
ORGANIZERS

ORIENTEERING CLUB PÕLVA KOBRAS

Event Director: Nikolai Järveoja (+372 503 4368) okkobras@gmail.com

VENUE LOCATION:

Signs to competition centre from the 8rd km of Põlva–Värskä road



SUPPORTERS



Räpina vald