



BULLETIN 1

24th Estonian Championships in Ski Orienteering Middle Distance 38th Estonian Championships in Ski Orienteering Long Distance February 23 - February 24, 2019 Hatiku, Põlva parish, Põlva County

SCHEDULE

February 23: 13.00 – first start of middle distance race

February 24: 11.00 – first start of long distance race

VENUE LOCATION:

Signs to competition centre from the 6th km of Põlva–Saverna road (nr 89).

N58.089607, E26.973868

<https://goo.gl/maps/jW4ufvY2qa92>

PARTICIPANTS

Competition is open to all participants. However, those competing for Estonian Championships medals must either be:

- 1) Estonian citizens;
- 2) Members of the EOF member clubs.

Both citizens and EOF club members must have a valid EOF 2019 licence purchased before the date of the competition. You can check validity of your licence here: <http://www.orienteerumine.ee/litsents>

In ski orienteering foreigners are not obliged to purchase EOF licence to participate in the competition (but they won't get medal or champion title).

RULES

Estonian Championships are organized according to the latest Estonian Orienteering Federation 2018 competition rules

http://www.orienteerumine.ee/eol/failid/2018/EOLvoistlusreeglid_2018_korrigeeritud14MAR2018.pdf

CATEGORIES

Men (M) 14, 16, 18, 20, 21, 35, 45, 55, 65

Women (W) 14, 16, 18, 20, 21, 35, 45, 55

SPECIAL RULES FOR STARTING ORDER

MIDDLE DISTANCE

Interval start with a 2 minute interval is used in all categories.

In categories MW21 shall not draw among first 1/3 of start list competitors, who were top 3 previous year's (2018) Estonian Champs Middle Distance in MW21 or winners of MW20 categories. This rule does not apply foreigners, who compete outside Estonian Champs medals.

LONG DISTANCE

Interval start with a 2 minute interval is used in all categories.

In categories MW21 shall not draw among first 1/3 of start list competitors, who were top 3 previous year's (2018) Estonian Champs Long Distance in MW21 or winners of MW20 categories. This rule does not apply foreigners, who compete outside Estonian Champs medals.

TERRAIN AND MAP

Dense path network. Open fields cover approximately 5% of the terrain. Maximum height difference on one slope up to 20 m. Mapping by Avo Veermäe. Ski-orienteeing tracks network planned by Kalle Ojasoo and Airet Kolk.

Middle distance: map scale 1:7500, contour interval 2.5 m

Long distance: map scale 1:10 000 or 1:15 000, contour interval 2.5 m

Previous map: [2015034](#)

PRELIMINARY COURSES

MIDDLE DISTANCE (winners time)

MW14	20-25 minutes
MW16, 55, M65	25-30 minutes
MW18, 20, 35, 45	30-35 minutes
MW21	40-45 minutes

LONG DISTANCE (winners time)

MW14	35-40 minutes
MW16	40-50 minutes
MW18	50-60 minutes
MW20	65-75 minutes
MW21	85-95 minutes
MW35	55-60 minutes
MW45	50-55 minutes
MW55	40-45 minutes
M65	75-85 minutes

PUNCHING SYSTEM

Contactless SPORTident Air+ system is used. SI-cards can be rented from the organizers (1.5 € per day). Cards can be obtained at the competition centre. When a hired SI-card is lost, fine of 60 EUR will be charged

PRIZE GIVING

In categories MW14, MW16, MW18, MW20, MW21* the winners will be awarded with the Estonian Champion title. First three places receive a medal and a diploma of the Estonian Olympic Committee - EOC. The best will be awarded with an EOF diploma.

In other categories the title 2017 Estonian Champion will be assigned to winners. First three places will be awarded at least with a medal of the EOF.

In case of a foreigner not competing for the Estonian Championship medals comes to the three best places, he/she will be awarded with a prize.

REGISTRATION

On-line registration at <https://www.osport.ee/> or by sending e-mail okkobras@gmail.com before **February 18, 2019**. Participation fee should be paid to organizers bank account:

OK Põlva Kobras

Swedbank (bank address: Liivalaia 8, 15040 Tallinn, Estonia)

IBAN: EE772200001120074588

SWIFT/BIC: HABAE2X

Registration fee should be paid together with registration. The registration is valid only after payment.

Please note that all bank charges are due from the sender.

ENTRY FEE

MW 14, 16, 18	7 €/day
MW 20, M 65	12 €/day
MW 21, 35, 45, 55	17 €/day

CANCELLING OR POSTPONING THE EVENT

Organizer holds the right to suggest alternative dates and venues or cancelling the competition to the EOF board due to force majeure. Information about the postponing or cancellation must reach the competitor no less than 48 hours before the competition. Organizer hold the right to not to return participants' entry fees due to damages done by force majeure.

COMPLAINTS AND PROTESTS

All complaints or protests on topics which are not explained in this document and arise during the competition will be discussed and solved by the competition jury. In making decisions the jury will take into consideration this document and most up-to-date EOF competition rules. If needed, the jury can consult with EOF board.

ADDITIONAL INFORMATION

Number bibs are used only in MW 21 categories. Showers at Põlva Sports Centre cost 2 € per day (Uus street 3, Põlva). Toilets and a small cafe at the competition centre.

For more information about catering in Põlva look here: <http://www.visitpolva.ee/index.php?lang=en>

ACCOMMODATION

- **Põlva Spordikool**, Metsa 7 <http://polvaspordikool.weebly.com/>
- **Hotell Pesa** Põlvas, Uus t. <http://www.kagureis.ee>
- **Mammaste Tervisespordikeskus** <http://tervisespordikeskus.ee/>
- **Taevaskoja Turismi- ja Puhkekeskus** <http://www.taevaskoja.ee>
- **Taevaskoja Salamaa** <http://www.salamaa.eu/>
- **Põlva Tarbijate Ühistu korter Põlvas** –http://www.ptu.ee/?page_id=236
- **Jäägri Pubi** Jaama 16, +372 517 1818 <https://www.facebook.com/Jaageri.Pubi>

Other accommodation possibilities in Põlva County: <http://www.visitpolva.ee/index.php?lang=en>

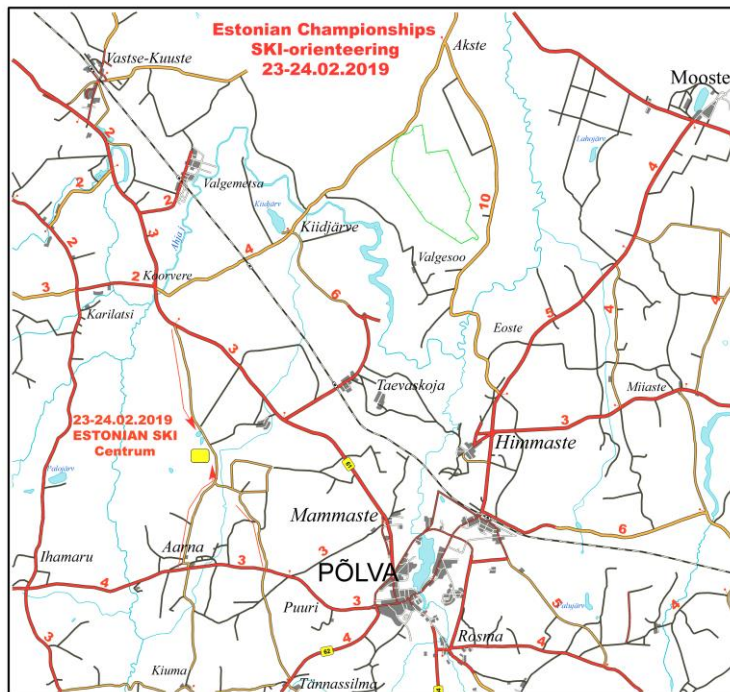
Contact: Taima Nurm, tel: +372 510 9658, taima.nurm@mail.ee

ORGANIZERS

ORIENTEERING CLUB PÕLVA KOBRAS

Event Director: Katrin Viilu tel. +372 517 7942 katrin.viilu@mail.ee

VENUE LOCATION:



 **SUPPORTERS**

