## Põlva County open ski-orienteering championships 2019





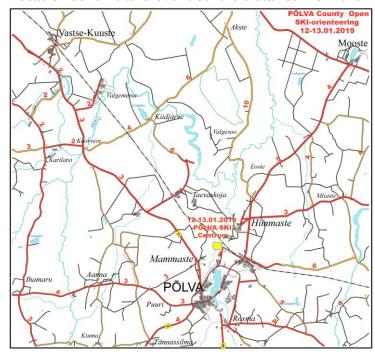
**Date and place:** January 12-13, 2019. Mammaste, Põlva parish, Põlva county.

**Programme:** January 12, sprint, start 13.00.

January 13, Middle distance, start 11.00.

How to get to Mammaste: <a href="http://tervisespordikeskus.ee/">http://tervisespordikeskus.ee/</a>

Location scheme and event centre distance from the main towns:



Classes: MW 21, 18, 16, 14, 12, 35, 45, M55, M65

Start fees for competitors outside of Põlva county:

MW 21, 35, 45, M55 10,0 €/day MW12, 14, 16, 18, M65 6,0 €/day

**Terrain and map**: Terrain is covered in coniferous forest of different age and character. Open areas take up around 20% of the terrain. In the middle of the map, there is a large sand quarry that courses cross. Elevation difference on the terrain is 30 meters. Track system consists of areas with dense network of tracks demanding good concentration and connecting areas that allow faster skiing and more large-scale route choice possibilities.

Map drawn by Avo Veermäe. Ski-orienteering track network planned by Kalle Ojasoo and Nikolai Järveoja. Previous maps: 2006050, 2016066

Maps scales: sprint 1: 5000; middle distance 1:7 500, h = 2.5 m.

Map examples:





## **Course lenghts (planned):**

-	Sprint	Middle distance
M 21	4,0 km	7,0 km
M18, M35	3,5 km	5,5 km
W21; M45	3,0 km	5,0 km
W18, M16, M55	3,0 km	4,5 km
W16, W35; M14, M65	2,5 km	4,0 km
W14, W45	2,0 km	3,5 km
W12; M12	1,5 km	2,5 km

**Prizegiving**: 3 best of all classes get medals and diplomas, the winners will be awarded with the prizes as well.

**Registration and payment** by January 07 in IVK <a href="https://www.osport.ee/">https://www.osport.ee/</a> or by e-mail:

okkobras@gmail.com

Entry fees must be paid to the bank: SEB Eesti Ühispank Address: Tornimäe Street 2, 15010 Tallinn, Estonia S.W.I.F.T code BIC: EEUHEE2X, fax + 372 665 6602

Account name: Orienteering Club Põlva Kobras, Käisi Street 11, 63308 Põlva, Estonia

Account no: 10402009464002 IBAN: EE241010402009464002

Please note that all bank charges are due from the sender.

SPORT*Ident* electronic punching system will be used for all classes. Competitors may use their own SI-card or they can borrow one from the organiser (rent  $1,0 \in \text{day}$ ). All competitors must inform the organisers about the need of SI-cards in the registration.

**Accommodation:** floor-accommodation in Põlva. Info: Taima Nurm, telephone: +372 5109658, e-mail <u>taima.nurm@mail.ee</u>. Accommodation possibilities in Põlva and in the surrounding area: <a href="http://www.polvamaa.ee/index.php?page=3">http://www.polvamaa.ee/index.php?page=3</a>

Hotel Pesa <a href="http://www.kagureis.ee">http://www.kagureis.ee</a>, Mammaste Sports Centre <a href="http://tervisespordikeskus.ee">http://tervisespordikeskus.ee</a> Taevaskoja Salamaa <a href="http://www.salamaa.eu/">http://www.salamaa.eu/</a>

Organizers: Orienteering club Põlva Kobras, Põlva County Sports Association

Event director: Nikolai Järveoja, phone: +372 50 34368, okkobras@gmail.com